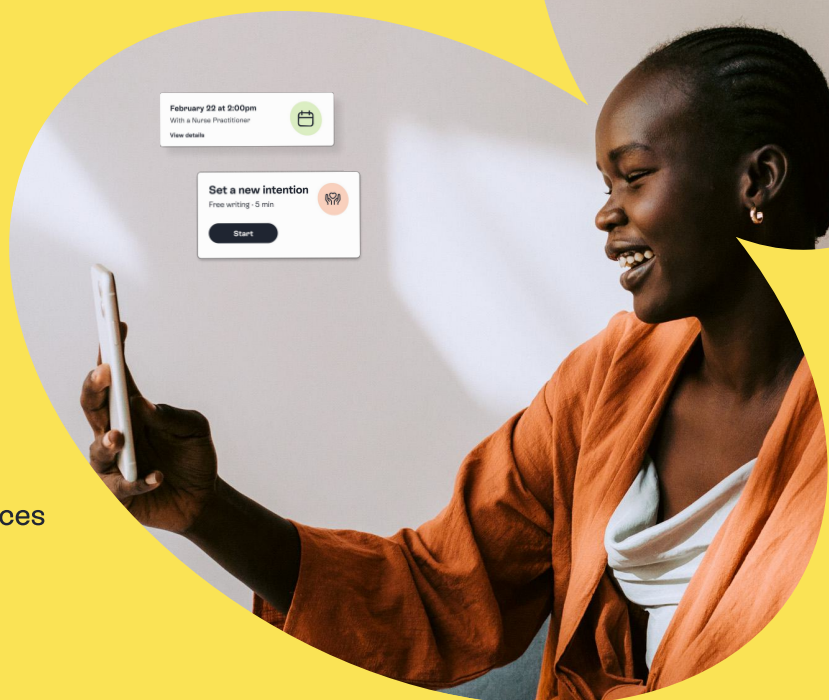


Pelago is in your corner

Toyoda Gosei has partnered with Pelago to give you access to personalized substance use care.

- ✓ Fully virtual
- ✓ Privacy first
- ✓ 1:1 support
- ✓ Licensed care team
- ✓ On-demand resources
- ✓ No pressure
- ✓ No judgment
- ✓ No wait times



Build healthier habits with Pelago

Our digital programs at a glance



Alcohol

This flexible program is for anyone who wants to change their relationship with alcohol. Get help with overcoming alcohol dependence, reducing your drinking, or even trying out a sober curious month.



Tobacco

Support is available for tobacco, nicotine (vaping or e-cigarettes), or smokeless tobacco users. Whether you want to quit or cut back, we'll give you the tools to make it happen.



Opioid

Get whole-person care for opioid treatment and recovery. You'll have easy access to counselors, physicians, and any necessary medication – all in one place.



Cannabis

Discover the effects of cannabis on your health. With the help of a coach or counselor, make informed choices about quitting or using less.

What it costs

Pelago is available at no cost to all medically enrolled team members, spouses, and dependents ages 15 and older.

How to get started



Scan the QR code or visit pelago.health/toyodagosei



Create an account



Complete a call with a care team member



Earn a \$50 gift card*

SCAN ME!

